



Condong Public School
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Principal: Mr Brendan Quinn
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SCHOOL NEWSLETTER

6 MAY 2024
TERM 2 - WEEK 2

Principal's Message

Dear Parents,

Welcome back to Term 2! I hope that everyone had a great break. It has been fantastic seeing the students return looking happy and ready to learn.

As always, our focus remains on providing a nurturing and enriching educational experience for every student at Condong Public School. Together, as a supportive school community, I am confident that we will continue to inspire excellence and foster a love of learning in all our students.

Wishing everyone a successful Term 2 ahead!
Brendan Quinn.

ANZAC Day Service and March

On Thursday 25 April, we had 19 students proudly represent Condong PS at the ANZAC Day Service and March in Murwillumbah. It was wonderful having so many students in attendance to show their respect.

Thank you to Mrs Milsom, Chelle and Mr Quinn who also attended the ANZAC commemoration.

Staff Development Day

On Monday 29 April, all our staff were involved in professional learning at Fingal Heads Public School with staff from other small schools. This professional learning included learning modules provided by the NSW Department of Education on English, Mathematics and Assessment. The professional learning undertaken will enhance teachers' ability to cater for all students in their classroom.

Small Schools Cross Country

What an amazing effort all our students displayed at the Small Schools Cross Country on Friday at Stokers Siding Public School. It was definitely a true cross country track with plenty of mud, water puddles and large cow pats! Students are to be congratulated for their efforts and persistence, along with their outstanding behaviour. We had a number of students in the top 10 for each division, which was fantastic.

Important Dates

9 May - Mother's and Others Morning Tea
21 May - Tissue Fairy K/1
23 May - Sports Carnival
30 May - GRIP Leadership Conference 5/6
10 June - Kings Birthday Public Holiday
21 June - Rhythm Works Performance
27 June - 1/2 Day Small Schools Athletics
28 June - Small Schools Athletics Carnival

School Uniform

As the weather is starting to cool down, please ensure that your child's jumper has their name on it. If your child needs a new jumper, please see Chelle or Mrs Cantwell in the office. Just a friendly reminder that white socks should be worn as a part of our school uniform

Attendance

Did you know that when your child misses 5 minutes per day over a year it equals 3 days missed and 30 minutes per day equals 18 days missed of school?

Mobile Phones and Smart Watches

As per Department of Education policy, primary students are not to have phones at school. In addition, smart watches must also have any call or message features disabled during school hours.

If for any reason a student has a phone at school, the phone must be switched off as soon as the student enters the school grounds and handed into the office. Students can collect their phones at the end of the day.

Student Details

It is important to keep student information, contact details, Medicare information and emergency contacts up to date. Student medical records need to be updated if there are any changes to medications or treatments, especially if students have a health care plan, please advise the school of any changes immediately. If there have been any changes to your circumstances including a change of address or phone numbers, please contact the office so we can keep all records up to date.

P&C Mother's and Other's Day Stall

Our P&C will be running a Mother's and Other's Day stall on Thursday, 9 May. Children will be able to purchase a present for someone special for their special day. These gifts have been provided by the P&C and there will be enough gifts for each student to purchase one. These gifts range in price from \$3 - \$6 each.



Tissue Fairy Visit

Meet the Tissue Fairy

HARD TO HEAR - HARD TO LEARN

Did you know?
Up to 80% of children get **Otitis Media** before they are 5 years old.
For many it reoccurs.
Each episode can last up to 5-6 weeks. Thats half a term!

Otitis Media (middle ear infections and fluid), has a direct link to delays in speech and language development. It can also affect behaviour and social interaction in the classroom and playground.

The NSW Department of Education provides free ear health lessons to younger children in public schools and preschools. These 20-30 minute sessions explore simple ear anatomy, discover the work of sound waves and introduce to children, ways to keep ears healthy. Part of the lesson concentrates on nose blowing.

Mary Nunn -
Itinerant Support Teacher - Conductive Hearing Loss

The Tissue Fairy will be visiting Kindergarten and Year 1 on Tuesday 21st May at 1.10pm.

Recipe - Rainbow Rosti

Your kids will love making and eating these easy rainbow rosti. Pop them in the lunchbox for a tasty snack.

Ingredients

2 small potatoes (grated)
 1 small sweet potato (grated)
 1 zucchini (grated)
 1/2 cup grated pumpkin
 2 shallots or 1/2 brown onion (diced)
 1 egg
 1/4 cup flour
 Salt and pepper to season



Method

Squeeze out excess moisture from all grated vegetables (heavy duty paper towel or chux are great for this)
 Place all ingredients in a bowl and mix until well combined.
 Cook in a non-stick frypan with a little olive oil spray until brown on both sides.
 Serve warm or cool and place in lunchboxes. These freeze well.



FREE ways to get the kids moving



Dance party



Go for a walk



Running races



Scavenger hunt



Obstacle course



Play in the park

Healthy Eating
Active Living



Recommended daily screen time limits for children and young people

Children under 2 years old



No screen time
(excluding video chats)

Children 2 to 5 years old



No more than 1 hour

Children and young people 5 to 17 years old



No more than 2 hours
(excluding school work)

Healthy Eating
Active Living



Healthier snack ideas



Tinned fish



Fresh fruit



Wholegrain crackers



Veggie sticks



Corn on the cob



Popcorn



Yoghurt

Healthy Eating
Active Living





YOU ARE
INVITED TO
OUR



Mother's and Other's Day Morning Tea



Thursday May 9th
10:30am-11:15am

**Condong Public School - located at
Murwillumbah South Infants site.**

Please RSVP by
Wednesday
8th May

Ph: 0266722390

